



# Night workers Questionnaire Screening

The Working Time Regulations 1998 require that Night Workers are offered a free health assessment questionnaire. Night working is defined as the hours between 23:00 hours and 06:00 hours. Staff who regularly work between these hours permanently or as part of a shift pattern are night workers.

The confidential questionnaire is generated by HR and sent securely to your email for completion. The online questionnaire is then automatically sent to Occupational Health for screening.

Employees are not obliged to complete the form, however we would encourage Night Workers to do so, to ensure your safety whilst working at night!