



Example of issues covered by the  
Employee Assistance Programme (EAP)

**Life & Progress**



Employee Assistance Programme

# General Information & Guidance

Some of the issues covered, but not limited to:

Holiday Problems

Noisy Neighbours

Tax

Housing Queries

Maternity Leave

Family Concerns

Faulty Goods &  
Consumer Rights

State Benefits

Redundancy

Dealing with the  
Police

Harassment  
at Work

Divorce

Human Rights  
Queries

Care Homes &  
Voluntary  
Organisation Lists

Everyday Living



Employee Assistance Programme

# Counselling can help

Some of the issues covered, but not limited to:

Managing  
Personal & Family  
Relationships

Managing Conflict  
or Difficult  
Behaviour

Managing Stress

Advice on Alcohol  
& Drug Use /  
Misuse

Coping with  
Bereavement

Enhancing  
Communication  
Skills

Time Management

Coping with  
Home & Work  
Commitments

Bullying at Work

Personal Motivation

Caring for  
Elderly Relatives

Managing  
Depression

Coping with  
Redundancy

Emotional Effects  
of Ill Health

Anger Management





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# Child / Dependant Care Information

Some of the issues covered, but not limited to:

Local Childcare  
Services

Benefits & Grants

Schooling &  
Education Choices

Returning to Work  
After Children

Behavioural  
Concerns

Surviving  
Teenagers

Residential  
Facilities

Taking on a  
Caring Role

Housing Options

Aids &  
Adaptations

Information on  
Local Resources

Understanding  
Social Services



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# Legal Information & Guidance

Some of the issues covered, but not limited to:

Matrimonial

Consumer Issues

Insurance

Credit Agreement

Wills

Property &  
Tenancy Issues

Banking

Power of Attorney

Motoring Offence

Dispute with Local  
Authorities

Bankruptcy

Council Tax

Welfare Law

Probate

Domestic





Employee Assistance Programme

# Financial Information & Guidance

Some of the issues covered, but not limited to:

Personal  
Taxation Issues

Mortgage Advice

Loans &  
Overdraft Advice

Wills & Inheritance  
Tax Planning

General Debt  
Counselling

Negotiations With  
Creditors

Divorce / Partnership  
Breakdown or  
Separation

Pensions

General Financial  
Planning

Redundancy /  
Early Retirement

Investment Advice

Retirement  
Planning

