

Post-Webinar Resource Sheet

for: International Women's Day

Thank you again for joining Thrive Talking Webinar!
Please read through this post-webinar handout to learn more about the resources available for International Women's Day!

Why do we celebrate International Women's Day?

- To highlight gender inequalities and challenges
- To advocate equal opportunities in work and society
- To recognise Women's Achievements and Communities



Resources:

Podcasts/Talks:

TED Talk: We Should All Be Feminists

Podcast: Women at Work – Harvard Business Review

Podcast: The Guilty Feminist – Deborah Frances-White

Organisations:

www.internationalwomensday.com

www://leanin.org/

www.globalfundforwomen.org/



Books:

Lean In by Sheryl Sandberg

Dare to Lead by Brené Brown

The Likeability Trap by Alicia Menendez

Support & Helplines:



Women's Aid: 0808 2000 247

National Careers Service: 0800 100 900

Equality Advisory & Support Service: 0808 800 0082

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